

HARMONY meets every Thursday 6-7.30pm at

The Anglers Club

75 Stoney Rock Lane

Leeds

LS9 7TB

Web site: <http://harmonychoir.org.uk>

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New members are welcome at any time

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**SONG
BOOK**

THINA SIMUNYE (Zulu)

From Agape Aids Orphanage, South Africa

Call: Thina simunye

Choir: Thina, thina simunye

Sing-abom-deni

Call: We are together

Choir: We are, we are together

We are family

TIME TO FEEL THE RHYTHM

It's time to feel the rhythm in your head - ding dong

It's time to feel the rhythm in your hands - clap clap

It's time to feel the rhythm in your feet - stamp stamp

It's time to feel the rhythm in your hips - hot dog

It's time to feel the rhythm all over again

Ding dong

Clap clap

Stamp stamp

Hot dog

HARMONY RAP

By Harmony member Sylvia Butcher

Chorus: Harmony, harmony, harmony, harmony X 2

Don't mean to brag, don't mean to boast

Harmony's the choir that's got the most

Chorus

If you're rich, if you're poor

You can come right in that door

Chorus

Bus or bike, walk or car

Come right in, here we are

Chorus

If you're sad, if you're blue

Harmony choir's the one for you

Chorus

Harmony is the place to be

come and join us you will see

x 2

VOICE OF THE PEOPLE by Val Regan

Can you hear the voice of the people singing
Can you hear the sound of a song beginning
Voices ringing in the air
Singing everywhere

AIN'T NOBODY THERE by Keith Morris

I walked to the end of the road
And I looked in all directions
I looked as far as the eye could see
I saw the blue sky, the sun shine
Ain't nobody there but me

BANAHA from Southern Congo

Si-si si-si dolada
Yaku sine ladu banaha

Banaha, banaha
Yaku sine ladu banaha

Ha banaha
Yaku sine ladu banaha

CITIZEN'S SHANTY

Traditional tune, words by Boff Whalley

Here's a hand to help you all ashore x 3
Because we're citizens of the world

Chorus:

And you're more than, more than welcome here x 3
Because we're citizens of the world

My parents and their parents, and their parents before x 3
They were citizens of the world

Chorus

WE SHALL NOT GIVE UP THE FIGHT Protest song from South Africa

We shall not give up the fight
We have only started x 3

Together we'll have victory
Hand holding hand x 3

Never ever put to flight
We're bound to win x 3

ALTOGETHER IN HARMONY

By Boff Whalley with Harmony

Chorus: Pass your laughter around, around

Pass your laughter around

Altogether in harmony

Sing all your troubles away

Our hearts can keep the rhythm

And our voices hold the tune

We've got friends that come from all over the world

And smiles all over the room

Chorus

There's a spirit that unites us

So we don't ever have to sing alone

There's an energy that connects us together

And we've found a home from home

Chorus

We don't bring our woes and worries here

At the end of a humdrum day

We just pass our laughter around, around

And we sing our troubles away

TAKING MY SONG

I'm taking my song all round the world

We're going to travel, we're gonna be heard

I'm going to Gambia, I'm going to Spain

I'm going to sing my song again, again

I'm going to India, and on to Japan

I'm going to sing my song again, again

I'm going home

Bass: I'll go eastwards, I'll go westwards

I'll go home then

THINK OF ME from South Africa

Think of me

Forget me not

Remember me wherever you go

I am yours

And you are mine

Remember me wherever you go

NOW THE SUN By Sammy Hurden

Now the sun is rising up
I feel the warmth of it
In my heart and in my soul

Hum ay um wah

Hum my oh ny hum my oh

FAMBA NAYE (Ndebele)

Parting song from Zimbabwe

Famba naye
Famba naye nai baba
Famba naye
Famba naye nai baba

Keep you in peace
Until we all meet again
Keep you in peace
Until we meet once again

POWER OF STRENGTH (origin unknown)

Backing by MT

I am a power of strength within and without
I am a power of strength within

Backing

Shoo doo wah x 3 Shoo shoo doo wah

I let all burdens fall from my shoulders
All anxieties slip from my mind

Backing

All my burdens, fall from my shoulders
All anxieties slip

I let every shackle be loosened
I let every shackle be loose

Backing

Bu bu doo, bu-bu bu doo, bu bu doo
Bu bu-du wah

PEACE LIKE A RIVER African American Spiritual

Arranged by Frances

I've got peace like a river in my soul x 2

I've got peace like a river x 2

I've got peace like a river in my soul

I've got joy like a fountain in my soul X 2

I've got joy like a fountain x 2

I've got joy like a fountain in my soul

I've got strength like a mountain in my soul x 2

I've got strength like a mountain x 2

I've got strengthe like a mountain in my soul

WALK A MILE

Walk a mile in my shoes

Walk a mile in my shoes

Before you throw the stones of judgement

Walk a mile in my shoes

WOYAYA by Osibisa

Arranged by Frances

We are going, heaven knows where we are going

But we know within

And we will get there, heaven knows how we will get there

But we know we will

Yes we will get there, heaven knows how we will get there

But we know we will

It will be hard we know

And the road will be muddy and tough

But we'll get there, heaven knows how we will get there

But we know we will

Woyaya, woyaya, woyaya, woyaya x 2

DEEP DOWN An African American Spiritual

Arranged by Gitika Partington

I know that one day I'll be free

Deep down in my soul

I said deep, deep, I said down, down,

I said deep down in my soul

Deep down, in my soul I'm free

Down deep deep in my soul

KEEP YOUR HEART GOOD by Nickomo

Keep your heart good in the bad times

Keep your heart good when the bad times come

Keep you heart good in the bad times

'Til they're gone, gone, gone

Keep your heart bright in the dark times

Keep your heart soft in the hard times

Keep your heart warm in the cold times

Keep your heart wise in the crazy times

LEAN ON ME by Bill Withers

Sometimes in our lives

We all have pain, we all have sorrow

But if we are wise

We know that there's always tomorrow

Chorus: Lean on me, when you're not strong

And I'll be your friend, I'll help you carry on

For it won't be long

'Till I'm gonna need somebody to lean on

Please swallow your pride

If I have things you need to borrow

For no one can fill those of your needs

That you won't let show

Chorus: Lean on me...

You just call on me sister when you need a hand

We all need somebody to lean on

I just might have a problem that you'll understand

We all need somebody to lean on

If there is a load you have to bear

That you can't carry

I'm right up the road, I'll share your load

If you just call me

You just call on me brother....

SWING LOW 3 Traditional songs

Swing low, sweet chariot
Coming for to carry me home
Swing low, sweet chariot
Coming for to carry me home

Oh when the saints
Go marching in
Oh when the saints go marching in
I want to be in that number
When the saints go marching in

I'm gonna sing, sing, sing
I'm gonna dance, dance, dance
I'm gonna sing
I'm gonna dance
Hallelu
When the gates are open wide
I'll be standing by your side
I'm gonna sing
I'm gonna dance
Hallelu

I LOVE THE FLOWERS

I love the flowers
I love the daffodils
I love the mountains
I love the rolling hills
I love the fireside
When all the lights are low
Do do do boom de boom (repeat)

SING A LITTLE BOOGIE

Sing x x x a little x x
a little boogie x sing a x little boogie x together x

Sing a little boogie x 2
Sing a little boogie together

Do be do be do

Ooh ooh ooh ooh